God is our Stylist
Proverbs 31 Finishing School

SESSION #4: Women's Elegance

God as your Designer

"A woman must not wear men's clothing, nor a man wear women's clothing, for the Lord your God detests anyone who does this." (Deuteronomy 22:5)

So how do we know what to wear? What does God say about women's clothing?

As Children of God we need to look at God's list of fabrics He has chosen for us, where do we find them and when we do, how do we make sure they are right for us.

In this Final Session for the 'God is Our Stylist" lesson, Ms. Becker will discuss these questions and how her background in Fashion made her aware of God's word to women regarding clothing.

WATCH SESSION #4: ELEGENCE FOR GODLY WOMAN

God has not only given us each our own coloring, skin, and hair, he has also grouped us in 4 body types for us to clothe.

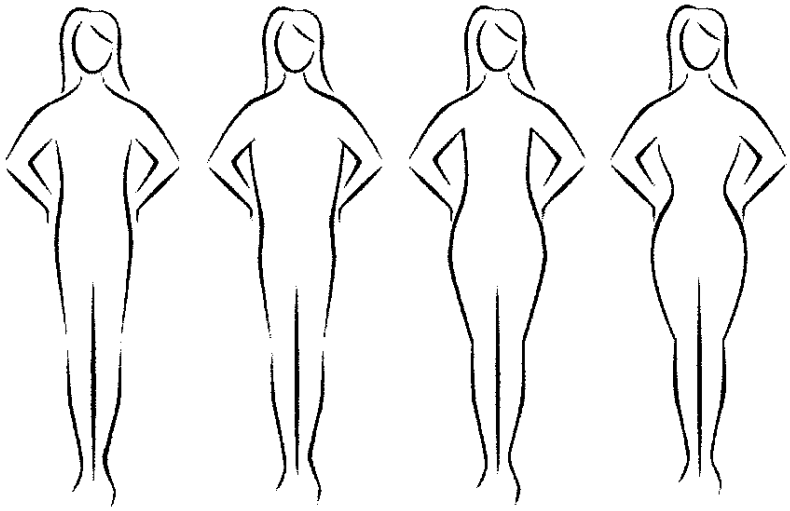
God's perfect female body shapes

Apple (triangle downward)
Apple-shaped women have broader shoulders and bust, and narrower hips.

Banana, or straight (rectangular)
Banana-shaped women's waist measurement is less than 9 inches smaller than the hip or bust measurement.

Pear, Spoon, or Bell (triangle upward)
Pear-shaped women's hip measurements are greater than their bust measurements.

Hourglass Shape (triangles opposing, facing in)
Here, the hip and bust are almost of equal size, with a narrow waist.



A study of more than 6,000 women conducted at North Carolina State University in 2005 revealed that 46% of women were banana-shaped; just over 20% were pear-shaped; just under 14% were apple-shaped; and only 8% were hourglass-shaped. The hourglass is normally accepted as the "ideal". But God made more of the others so he may disagree.

Since we each have a different body type.

Just because it is "In-Style" or the "in" color it doesn't mean it looks good on you. Here's some things that will help you decide what is best for you, as God's creation.

Here are some tips when choosing your wardrobe:

- Find your local store that carries the majority of clothes in your style and check to see when their end of season sale begins.
- Look for classic items that can be worn next year or even through the next few months by adding a sweater or jacket or scarf.
- Look for items that can be made to look different (casual or dressy) by wearing a different type of jewelry, shoes, jacket, or skirt.
- Don't let clothing trends take you away. Buy classic items and Trendy Accessories.
- Find a good thrift store (ones that are run by a church are usually good).
    - ***Match the style you found in the department store in the thrift store.***
- Make sure that your clothes fit you properly. Clothing that is too big, too small, too short, or too long is not flattering.
- Dress according to your body type. As you know, certain styles complement your figure and others do not. Just because it's the trend, **doesn't** mean you look good in it.
- Remember shoes can tell people about you as well. You can get style and comfort in one pair of shoes if you look hard enough.
- ***Accessorize well and in moderation. A moderate trendy look is just as impressive as a big splash.***

God made men and women different so they would complement each other. As you learned from Ms. Becker, God used a list of clothing and colors to show women the attributes He has given them to complete the purpose he has designed for them. Not to be or look like Men but to be the Strong Women He Styled us to be.